



U11 SCHEDULE

DAY 1 - Thursday Feb 15

3:30-5:00pm	U11 Registration		
5:30-6:30	U11	On-Ice Skills & Drills	Shorty Brown Arena
4:00-7:00pm	Open to everyone	Open Gym/Free Play	DND Gym

DAY 2 - Friday Feb 16

9:15-9:45am	U11	Functional Warm-up	DND Gym
10:15-11:15am	U11	On-Ice Power skating & SAGs	Shorty Brown Arena
11:45am-12:45pm	U11 Goalies Only	Goaltending Session	Shorty Brown Arena
12:00-12:30pm	U11	Classroom Leadership	Multiplex Meeting Room
12:30-1:30pm	U11	Lunch	Multiplex Upstairs
3:30-4:30pm	Open to everyone	Arctic Games Demonstration	DND Gym
4:30-5:00pm	Open to everyone	Opening Ceremonies	DND Gym
5:00-7:30pm	Open to everyone	PWHL Viewing Party <i>Dinner provided</i> <i>Hockey Canada Alumni</i> <i>Hotstove @ 2nd</i> <i>Intermission</i>	DND Gym

DAY 3 - Saturday Feb 17

9:00-10:00am	U11	On-Ice Skills & Drills	Ed Jeske Arena
10:15-11:00am	U11	Mental Skills	Multiplex Meeting Room
1:00-1:15pm	U11	Functional Warm-up	DND Gym
2:00-4:00pm	U11	Global Girls Game	Ed Jeske Arena
4:30-5:30pm	U11	Global Girls Game Dinner	Multiplex Upstairs
4:30-6:30pm	Open for everyone to watch	Global Girls Game - U13	Ed Jeske Arena

DAY 4 - Sunday Feb 18

11:45am-12:45pm	U11	SAGs	Shorty Brown Arena
1:00-1:45pm	U11	Off-Ice	DND Gym
3:30-4:30pm	U11	Scrimmage	Ed Jeske Arena
5:00pm	U11 Event Wrap-up		